

What is claimed is:

1. An adhesive label, comprising:
 - a label having a first and second section, each section having first and second opposite sides, wherein the first side of the first section is contiguous with the first side of the second section;
 - an adhesive layer adapted to releasably adhere the label to a substrate surface, the adhesive layer confined to covering at least a portion of the first side of the first section;
 - the second section forming a tab portion extending from the edge of the first section; and
 - wherein, the first side of the second section does not include an adhesive layer, whereby the label is adapted to be removed from a substrate surface by lifting the tab portion away from the substrate surface.
2. The adhesive label claimed in claim 1, wherein the first section is in a shape selected from a group consisting of a square shape, rectangular shape, circular shape and oval shape, the first section have a plurality of edges and the second section is a rectangular tab portion, the rectangular tab portion extending from one of the edges of the first section.
3. The adhesive label claimed in claim 2, wherein the edge of the first section from which an edge of the second section extends converges with the edge of the second section to form a rounded edge between the first and second sections.
4. The adhesive label claimed in claim 1, wherein the label is fabricated from a material comprising polypropylene.
5. The adhesive label claimed in claim 3, wherein the first and second sections are fabricated from a material comprising polypropylene.
6. The adhesive label claimed in claim 1, wherein the second side of the label has a surface adapted to accept printing of text.

7. The adhesive label claimed in claim 6, wherein the text printed on the second side of the label is related to text used in food safety labeling systems.
8. The adhesive label claimed in claim 7, wherein the text used in food safety labeling systems is selected from a group consisting of text found in day of the week FIFO food safety labeling systems, text relating to shelf-life/product identification food safety labeling systems and text relating to use by/use first food safety labeling systems..
9. The adhesive label claimed in claim 1, wherein the second side of the label has a surface adapted to accept printing of color.
10. The adhesive label claimed in claim 9, wherein the color printed on the second side of the label is related to an industry standard color code system used in food safety labeling systems.
11. The adhesive label claimed in claim 10, wherein the industry standard color code system is selected from a group of colors consisting of blue for Monday, yellow for Tuesday, red for Wednesday, brown for Thursday, green for Friday, orange for Saturday, and black for Sunday.
12. The adhesive label claimed in claim 1, wherein the adhesive is adapted to remain adhered to a substrate from a temperature range of about -40° C to 50° C.
13. The adhesive label claimed in claim 1, wherein the adhesive is adapted to be adhered to a substrate from a temperature range of about -10° C to 50° C.
14. An adhesive label, comprising:
a first portion having opposing first and second sides;
an adhesive layer on the first side of the first portion, the adhesive adapted to releasably adhere the label to a substrate;
a second portion extending from an edge of the first portion, the second portion having a nonadhesive first side juxtaposed to the adhesive layer on the first side of the first portion;

- the second side of the first portion has a surface adapted to be written upon with a pencil and/or pen; and
- wherein, the label is adapted to be removed from a substrate by pulling the nonadhesive second portion away from the substrate, whereby the label is lifted from the substrate.
15. The adhesive label claimed in claim 14, wherein the second portion is a rectangular tab extending from the first portion.
16. The adhesive label claimed in claim 15, wherein the rectangular tab includes a first edge extending from an edge of the first portion, the tab edge and first portion edge converging to form a rounded edge.
17. An adhesive label, comprising:
- a label having first and second sections, each section having contiguous first and second opposite sides;
 - an adhesive layer adapted to releasably adhere the label to a substrate, the adhesive layer overlaying the first side of the first section only;
 - the second section forming a tab portion extending horizontal to the first section, the tab portion having an edge interconnected with an edge of the first section, the interconnected edges forming a rounded edge, and the first side of the second section being nonadhesive;
 - wherein, the label is adapted to be removed from a substrate by lifting the nonadhesive second section away from the substrate so as to lift the label from the substrate.
18. The adhesive label claimed in claim 17, wherein the label is fabricated from a material comprising polypropylene.
19. The adhesive label claimed in claim 17, further including a label liner, the label liner having a first surface adapted to releasably engage the adhesive layer on the label, wherein the label is removable from the liner to expose the adhesive layer.

20. The adhesive label claimed in claim 19, wherein the label is a plurality of labels on the first surface of the label liner.
21. The adhesive label claimed in claim 20, wherein the label liner is a single sheet holding the plurality of labels thereon.
22. The adhesive label claimed in claim 20, wherein the label liner is a strip of label liner adapted to form a roll, the rolled strip of label liner holding a plurality of labels thereon.
23. The adhesive label claimed in claim 17, wherein the second side of the label has a surface adapted to accept printing of text.
24. The adhesive label claimed in claim 23, wherein the text printed on the second side of the label is related to text used in food safety labeling systems.
25. The adhesive label claimed in claim 24, wherein the text used in food safety labeling systems is selected from a group consisting of text found in day of the week FIFO food safety labeling systems, text relating to shelf-life/product identification food safety labeling systems and text relating to use by/use first food safety labeling systems..
26. The adhesive label claimed in claim 17, wherein the second side of the label has a surface adapted to accept printing of color.
27. The adhesive label claimed in claim 26, wherein the color printed on the second side of the label is related to an industry standard color code system used in food safety labeling systems.
28. The adhesive label claimed in claim 27, wherein the industry standard color code system is selected from a group of colors consisting of blue for Monday, yellow for Tuesday, red for Wednesday, brown for Thursday, green for Friday, orange for Saturday, and black for Sunday.
29. An adhesive label, comprising:
a first portion having opposing first and second sides;

an adhesive layer on the first side of the first portion, the adhesive adapted to releasably adhere the label to a substrate;

a second portion extending from an edge of the first portion, the second portion having a nonadhesive first side juxtaposed to the adhesive layer on the first side of the first portion;

the second side of the first portion has a surface adapted to be written upon with a pencil and/or pen;

the second side of the first portion has a surface adapted to accept printing relating to food safety labeling systems; and

wherein, the label is adapted to be removed from a substrate by pulling the nonadhesive second portion away from the substrate, whereby the label is lifted from the substrate.

30. The adhesive label claimed in claim 29, wherein the printing on the second side of the label includes text relating to food safety labeling systems.

31. The adhesive label claimed in claim 30, wherein the text relating to food safety labeling systems is selected from a group consisting of text found in day of the week FIFO food safety labeling systems, text relating to shelf-life/product identification food safety labeling systems and text relating to use by/use first food safety labeling systems..

32. The adhesive label claimed in claim 29, wherein the printing on the second side of the label includes color relating to color code systems used in food safety labeling systems.

33. The adhesive label claimed in claim 32, wherein the industry standard color code system is selected from a group of colors consisting of blue for Monday, yellow for Tuesday, red for Wednesday, brown for Thursday, green for Friday, orange for Saturday, and black for Sunday.